

SHISHURAM DAS COLLEGE



FACULTY ACADEMIC PROFILE / CURRICULUM VITAE

1. **Name** : SAMIT SAIBYA
2. **Designation** : Assistant Professor
3. **Department** : Physical Education
4. **Date of Joining:** 8/04/2024
5. **Contact Information:**
 - ✚ **Office Address:** Dept. of Physical Education, Shishuram Das College, Vill-Bhusna, P.O.- Kamarpole, P.S.-Parulia Coastal, South 24 Parganas, West Bengal, India, Pin: 743368.
 - ✚ **Present Residential Address:** South Naya Para, Ganespur, Kakdwip, West Bengal, India, Pin: 743347.
 - ✚ **Email ID:** - samitsaibya21@gmail.com
 - ✚ **ORCID ID:** - 0009-0003-6575-337X
 - ✚ **Research Gate:** <https://www.researchgate.net/profile/Samit-Saibya>
6. **Area of Specialization:**
 - Theory specialization (Exercise Physiology)
 - Sports Specialization (Football)
7. **Core Competency:**
 - **Theory-** Anatomy, Physiology, Exercise Physiology, Kinesiology, Biomechanics, Sports Training, Test and Measurement, Statistics, Research,
 - **Games-** Athletics, Cricket, and Badminton are the field of expertise in addition to other.

8. **Academic Qualifications:**

Degree	College / University from which the degree was obtained
Ph.D. (Currently pursuing)	Lakshmibai National Institute of Physical Education
M.P.ED	Ishwar Deshmukh College of Physical Education (Affiliated by RTM Nagpur University)
B.P.ED	Ishwar Deshmukh College of Physical Education (Affiliated by RTM Nagpur University)
B.A in Physical Education	Ananda Chandra College (Affiliated by North Bengal University)

9. **NET / SET Qualified:** Yes (NET with JRF June 2020, NET 2019 December, NET 2019 June, Maharashtra SLET 2019, NET 2018 December, NET 2018 June, West Bengal SET 2018).

10. **Academic Experience:**

- I. Presently serving as Assistant Professor at Dept. of Physical Education, Shishuram Das College, South 24 Pgs., West Bengal, India, Pin: 743368 from 8th April 2024 to now.
- II. Work as an Assistant Professor (contractual) at Ishwar Deshmukh College of Physical Education, Krida Chowk, Hanuman Nagar, Nagpur, Maharashtra (Session 2019-20 to 2020-21)

11. **Publications (Scopus Indexed/ Peer-Reviewed / UGC listed Journal / Any):**

- I. **Research Nebula** an International Refereed, Peer Reviewed & Indexed Quarterly Journal in Arts, Commerce, Education & Social Sciences ISSN 2277-8071, Journal DOI 10.22183/RN, SJIF 5.411. Paper on “Challenges and Opportunity in Physical Education and Sports in India.”
- II. **Research Chronieler:** International Multidisciplinary Research Journal e-ISSN-2347-503X: Digital Editions. Paper on “Influence of motivation toward the sports performance.”
- III. **Vidyabharati International Interdisciplinary Research Journal** (Special Issue-May 2020), ISSN 2319-4979. Web of science, UGC listed. Paper on “Impact of Covid-19 on Physical Education & Sports”.
- IV. An International Multidisciplinary Quarterly Research Journal **Ajanta** (ISSN 2277-5730) Impact factor 6.399, Paper on “Role of Asanas and Pranayama for

Maintaining Health and Physical Fitness for Sports Professionals During Covid-19”.

- V. **B. AADHAR**-Peer Reviewed Multidisciplinary International Refereed Indexed Journal. ISSN-2278-9308. Paper on “Role of Psychological Variables for the Sports Performance.”
- VI. Multidisciplinary Peer Reviewed & Indexed Journal **Research Journey** (ISSN-2348-7143), Paper on “Role of Information and Communication Technology in the Field of Physical Education and Sports”.
- VII. **Research Nebula** (J-Gate Indexed) An Indexed, Refereed & Peer Reviewed Quarterly Journal ISSN 2277-8071 with impact Factor (SJIF) 7.399, Paper on “A Study on the Development of Physical Education & Sports After Independence in India”.
- VIII. Saibya, S., Pandey, G., Jadhav, A. C., Rajpoot, Y. S., Govindasamy, K., Sarkar, S., & Gogoi, H. (2024). Impact of circuit training on physical fitness among team sports athletes: A systematic review. **Fizjoterapia Polska**, 24(1), 244–257. <https://doi.org/10.56984/8ZG2EF82sK>.
- IX. **Book chapter**

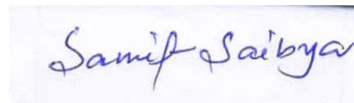
Physical education and sports: Issue, Challenges, and Opportunities Volume II Publication **DnyanPath Publication (INDIA)** June 2023 ISBN 13:978-81-19435-02-9 Entitled Challenges of Physical Education and Sports in India: An Overview Study. Cert. No. DP/2023/SP1/007.

12. Papers Presented in Conferences / Seminars / Workshops:

- I. Internal Quality Assurance Cell (IQAC) and Department of Physical Education and Sports Organized Online International Conference on “Post Covid Education, Physical Education Scenario.” Presented research paper in the conference held on 29th May 2020, “Influence of Sports Injuries Towards the Sports Performance and Career.”
- II. 7th National conference on Sports science, sports sciences- a scientific approach to accelerate athletes’ performance held on 14th -15th December, 2023, New Delhi, India, paper on Effects of Exercise Frequency with Circuit Training (CT) on Measures of Physical Fitness Among Athletes: A Systematic Review.

Declaration:

I hereby declare that the above-mentioned information are true and correct to the best of my knowledge.

A rectangular box containing a handwritten signature in blue ink that reads "Samit Saibya".

Signature of the Faculty